**PATHWAYS to YEAR 12**

**HOW TO APPLY**
Collect an application form from the school office.
Complete the details and return it to the office or scan and email the completed form to Head of HPE Susan Taylor - stayl18@eq.edu.au.

Further enquiries are welcome by phoning Susan Taylor on 3893 5386.

**CRITERIA**
- Fitness tests
- Small and large ball game skills
- Previous representative experience (Club or school)
- Academic results

**STEPS PROGRAM**
- Year 7 and 8
  - STEP class
- Year 9 and 10
  - PEH Elective
- Year 11 and 12 Subject Options
  - Physical Education
  - Health Education
  - Cert 3 Fitness
  - Recreation

**Criterions**
- Sports
- Training
- Extension
- Pathways

*Developing students to have a strong body and strong mind*
Welcome to the Brisbane Bayside State College STEP program. This program is designed to extend students in Years 7 and 8 within a sporting context. It is about providing specialist training and education to students with sporting ability to maximise their potential in their chosen sports. The focus is not just on physically improving their capabilities but also on teaching self belief and providing the skills to become mentally tough.

Students will commence their studies with a focus on general fitness principles and be taught how to set and achieve goals with the support of an expert teaching staff. Studies will reflect the needs of adolescent athletes with access to specialist coaches and professionals to extend their knowledge.

Why STEP?

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Our vision at BBSC is to develop the abilities of our sporting athletes to be competitive from school to National level. Extending the practical and academic capabilities of our STEP students will contribute to the promotion of a positive sporting culture within the College. Students will build self-awareness of their individual capabilities as well as develop a strong body and strong mind.

Expectations

- School attendance must be maintained above 95%
- Academic results for all subjects are to be C Standard or above.
- Students are expected to represent the school at Interschool level and GBS carnivals

Outlook

Year 7 and 8 STEP students will complete an extra semester of HPE, providing a full year of a specially designed course that meets their needs as adolescent athletes.

Opportunities

- Excursion to elite sporting facilities
- Access to specialized coaches in the sports of the Greater Brisbane Sporting Competition (GBS)
- Access to university sports psychologist seminars
- Access to strength and conditioning programs within the curriculum
- Utilisation of sporting facilities within the College and Community
- Access to quality Interschool sporting competitions and the Greater Brisbane Sporting Competitions