

Gaba Manjari Menu 2022



Trading Times—Monday to Friday

Breakfast: 8:00am—8:45am

First Break: 11:10am—11:45am

Second Break: 12:55am—1:30pm

Breakfast

Available 8am-8.45am

Bacon and Egg Roll \$4.50

With Cheese and BBQ Sauce

Bacon and Scrambled Egg Wrap \$4

With Cheese and BBQ sauce

Hash Brown V \$1.00

Ham & Cheese Toastie \$2.50

Made on a tortilla wrap

Vegemite & Cheese Scrolls \$2.00

3 scrolls made with puff pastry

All Day Breakfast

Available from 8am

Fruit Salad GF/VG *Seasonal diced fruit* \$4.00

Watermelon Wedge VG .50c

Vanilla Yoghurt Tub V \$2.50

Protein balls \$2.50

Up & Go \$2.50

Strawberry, Choc, Vanilla, Dairy Free option

Extras

Sauce 50c

BBQ, Tomato, Soy

Wooden cutlery 20c

We encourage students to bring their own reusable plastic cutlery

Salads

Available all day, selection changes daily

Vietnamese Pork Noodle GF \$5.50

Salad, herbs & sweet chilli dressing

Moroccan Chicken GF \$5.50

With roasted sweet potato, chickpeas, cranberries, quinoa & orange vinaigrette

Crumbed Chicken & Aioli \$5.50

Lettuce, tomato, cucumber, red onion and capsicum

Greek Pasta \$5.50

Pasta, olives, cucumber, feta

Chicken Ceaser \$5.50

Lettuce, bacon, egg, parmesan & croutons

Greek Salad \$5.50 GF

Lettuce, olives, cucumber, feta

Sandwiches

All made on wholemeal bread, GF bread

available at \$1.00 extra pls order in advance

Available Everyday

Egg & Lettuce V *with mayo* \$3.00

Curried Egg V *with lettuce* \$3.00

Chicken & Lettuce *with mayo* \$4.00

Ham, Cheese & Tomato \$4.00

Tuna & Mayo *with lettuce* \$3.50

BLT \$4.50

Wraps & Rolls

Please order in advance limited availability

Choose from Turkish Roll, Round white roll,

White Tortilla Wrap

Ham & Salad \$5.00

Chicken & Salad \$5.00

Cheese & Salad V \$4.50

Falafel & Hummus VG \$5.00

Every Day Hot Food

Cheeseburger \$5.00

Lean beef patty, cheese & tomato sauce

Chicken Burger \$5.00

Crumbed chicken patty, lettuce & mayo

Chicken Slider \$3.00

Crumbed chicken strip, lettuce, cheese & sweet Chilli or aioli

Chicken and mayo / gravy roll \$4.50

Warm chicken and gravy roll

Party Pack \$4.50

Mini pie, mini sausage roll, potato gems

Wedges VG \$3.00

Loaded Wedges V *With sour cream, cheese and sweet chilli* \$4.00

Open Spaghetti Melt V \$2.00

Tomato & cheese spaghetti w/ grilled cheese

Toasted Sandwiches \$4.50

Ham & Cheese / Chicken & Cheese

Chicken Nuggets (3) \$2.50

Garlic Bread VG \$2.00

Sausage Roll \$3.50

Cheese & Spinach Roll V \$4.00

Plain Pie \$4.50

Cruiser and Assorted Pies \$4.50

Chicken/ Beef noodles \$2.50

Seasonal Specials

Soup of the day with crusty bread roll \$4.00

Assorted Sushi Bowls V option \$5.00

Daily Specials

Fresh Mexican Monday

Chicken or Bean Quesadilla / Enchiladas \$5.00

Diced Chicken, salsa & cheese grilled in a tortilla wrap

Beef Burrito Bowl \$5.00

With rice, corn, black beans & salsa

Beef soft Taco \$3.00

Nachos V \$3.00

Loaded Chilli Nachos/ Chilli con carne \$4.00

Oriental Tuesday

Oven Baked 'Fried' Rice Bento Box \$6.00

*Fried rice with bacon, dim sim, spring roll, Egg omelette sweet chilli & cucumber. *Vegetarian option available without dim sim or bacon.*

Oven Baked 'Fried' Rice GF \$4.00

**Vegetarian option available without bacon*

Teriyaki Chicken Noodle / Honey Chicken \$5.00

Dim Sims (4) \$3.00

Spring Rolls (4) \$2.50

Best of Italy Wednesday

Pizza Margherita V \$4.00

Pasta of the Day \$5.00

Bolognese/Mac & Cheese V/Pasta Bake/Lasagne

Meatball Sub *Bolognese sauce & Cheese* \$5.00

Ceaser wrap *chicken, lettuce, parmesan* \$5.00

Southern Asia Thursday

Butter Chicken GF *with fragrant rice* \$5.00

Add Garlic Naan Bread \$6.00

Vegetable Samosas VG 3 for \$2.50

Tandoori Chicken Burger \$5.00

House made spiced lean mince patty, lettuce, cucumber and aioli

Fast Friday

Burgers \$6.00

Falafel & sweet chilli V

Beef & Bacon

Hamburger with salad

Chicken Ceaser

Pizzas* \$6.00

BBQ Meat

Pepperoni

Supreme

Cheese & Bacon

Ham & Pineapple

**Vegetarian by order only*

Snacks

Cookie / Slice .50c

Custard Crumble \$3.00

Jelly \$1.00

Assorted Chips \$2.50

Salami stick \$2.00

Lemonade icy pole \$1.50

Ice cream cup \$2.50

Mango / Rasp. Splits \$3.00

Milky Mates \$2.50

Zooper Doopers \$1.00

Drinks

Sparkling Water cans \$3.00

Frantelle 600ml \$2.00

Cool Ridge 750ml \$3.00

Breaka 300ml \$2.50 **500ml** \$3.50

Ice Break 500ml \$4.00 **Fresh Milk** \$2.50

Spring Valley Juice & Krazy Lemon 500ml \$3.50

Aloe Drink, Nutrient Water, Iced Tea \$3.50

Emma & Toms Juice \$3.50

Paul's Juice 300ml \$2.50

Caffination Station Menu

Wednesday – Friday 11:10 - 11:45am

(Wednesday and Thursday 8am open to staff – coffee only)

Open to adults and senior students only

Coffee

Small \$3 Large \$3.50 Tea - \$2

Cappuccino, flat white, mocha, long black, espresso, hot chocolate (VG option)

Soy milk, lactose free milk and chai latte available for 50c extra

Cold Drinks

Milkshake \$4

Caramel, vanilla, chocolate, strawberry

Iced Coffee or Iced Chocolate \$4

Smoothies \$4

Berry (VG option) or Mango

Slices or Cookie .50c

Raisin Toast \$1

Freshly baked Muffins \$2.50

Blueberry, Apple Cinnamon, Banana

We encourage all customers to bring their own reusable cups and straws